

The 360 Thinking Model: Breakthrough Strategies to Develop Independent to Executive Function Skills

- ✔ Do you have students who are disorganized and may not have the materials they need or even turn in the homework they have completed?
- ✔ Is their desk, room or locker a 'black hole' for papers and materials?
- ✔ Do you observe students who struggle to "stop and read the room" and meet the demands of the situation?
- ✔ Or do you see students who struggle to initiate complex academic assignments, procrastinate and then run out of time to do their 'best work'?
- ✔ Do you see students who are constantly multitasking, so tasks/assignment take twice as long as they should?
- ✔ Do you wish your student had a sense of urgency when it comes to time so that tasks are completed, and routines to get out the door or to the next activity or class happen on time?
- ✔ Does it seem that they have an inability to breakdown the demands of an assignment and have a sense of how to start?
- ✔ Do students seem prompt dependent? Are you constantly reminding them of the materials they need and the steps to take?

TEACH CHILDREN TO MANAGE THEIR TIME, SPACE AND MATERIALS (AND KEEP THEIR EMOTIONS IN CHECK)! POWERFUL STRATEGIES TO HELP CHILDREN DEVELOP INDEPENDENT EXECUTIVE FUNCTION SKILLS

Executive function skills refer to the mental skills we use to pay attention, to organize and plan tasks and materials, to start tasks and stay focused on them, to manage emotions and be flexible, and to keep track of what we are doing. Young children rely on these skills to follow a sequence of instructions for daily tasks while older children need these skills to “break a task down” into a sequence of steps and organize a timeline as the demands for independent learning increases. These skills can impact students at home, school and in social situations.

In this practical strategies seminar parents and professionals will develop a solid understanding of what the executive function skills are and how they impact a student's academic and personal performance.

In this practical strategies seminar parents will:

- **Develop** a solid understanding of what the executive function skills are and how they impact a student's academic and personal performance
- **Learn** how to promote the development of the executive function skills by weaving them naturally into everyday activities.
- **Learn** dozens of easy to implement strategies help children initiate tasks, follow routines, transition between tasks and think in an organized way and encourage self-initiative to manage homework and tasks
- **Easy strategies** to help students understand time demands and internally feel the sweep of time to focus and complete tasks in allotted time frames. Show students the process of how to plan and complete homework, tasks and chores with less supervision and fewer prompts.





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Presenter

Sarah Ward, M.S., CCC/SLP has over 25 years of experience in diagnostic evaluations and treatment of executive dysfunction. Ms. Ward holds a faculty appointment at the Massachusetts General Hospital Institute of Health Professions. Sarah is an internationally recognized expert on executive function and presents seminars and workshops on the programs and strategies she has developed with her Co-Director Kristen Jacobsen. Their 360 Thinking Executive Function Program received the Innovative Promising Practices Award from the National Organization CHADD. She has presented to and consulted with over 1 600 public and private schools in the United States, Canada and Europe.